

CHECKLIST

Which column represents your Life?

Searching for Purpose

Life feels complicated?

Depressed for no reason?

Accomplishments feel hollow?

Busy getting nothing done?

Know there must be more?

Dreams are fading?

Watching instead of acting?

Stuck in the past?

Tired all the time?

Easily stopped?

Curious about Purpose

Fulfilled?

Happy?

Path to success is clear?

Dreams are attainable?

No one can stop you?

Energized and hopeful?

Calmness about your life?

Can forgive others?

Can forgive yourself?

Life has continuity?

Are you ready to put your purpose into words?

KNOW YOUR PURPOSE